



Carolinas Section

Carolinas Section Spring 2009 Newsletter



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PRESIDENT'S MESSAGE

Greetings to All Carolinas AIHA Section Members!

As I sit down to write the last of my President's messages for the newsletter I am preparing for a break for the Holidays. Of course, by the time you read this message we will all be on the way toward a New Year. Yes, it does all seem to pass just about that quick at times. One of the things I enjoy most at this time of the year is spending time with family and maybe talking with some old friends. I am reminded by the saying that – the only constant in life is change. For some reason that saying seems to ring more true these days than in the past.

Our Spring meeting will be back in Raleigh at the Clarion the 18 & 19th of March. During this meeting we will be presenting a new set of nominations for various board positions that open up during this time of year. The nominations that are being considered should put our section in good hands to take us down the road. I hear so many stories these days about budget cuts for travel, job cuts, etc. When I hear those things, and I am working on issues related to the Carolinas AIHA section I remind myself of the great value of our section. If you have not attended one of our meetings in some time I encourage you to do so. It will be a great time to catch up on some old friendships, earn a few continuing education credits, and learn new info on the latest IH topics.

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OSHA 10-Hour Training Updates

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NC PELS

Spring 2009 Conference



Carolinas AIHA Spring Conference

March 18-19, 2009
Raleigh, North Carolina

"Hearing Protection Issues and Considerations"
Presented by William J. Murphy of NIOSH

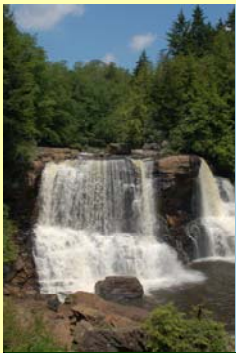
Please see the conference agenda and registration forms
on pages 6 & 7



OSHA Outreach Training Program Guidelines Updated *Summary of Major Changes*

- Topics
 - Construction 10-hr, 4 hours mandatory (was 3 hrs)
 - included Electrical & Falls within new "Focus Four" category (2 hrs)
 - added ½ hr each for PPE and Health Hazards
 - Construction 30-hr, 12 hours mandatory (was 6 hrs)
 - included Electrical & Falls within new "Focus Four" category (5 hrs)
 - added 2 hrs each for PPE and Health Hazards and 1 hr for Stairways & Ladders
 - General Industry 10-hr, 6 hours mandatory (was 4 hrs)
 - added 1 hr each on PPE and Hazard Communication
 - General Industry 30-hr, 11 hours mandatory (was 7 hrs)
 - added 1 hr each on PPE & Hazard Communication and 2 hrs on Materials Handling
- Outreach Training Program Report
 - Trainer must sign statement of certification to certify that the class was conducted in accordance with OSHA's guidelines attesting to the accuracy of the documentation submitted
 - Requests additional course information: if conducted in another language, for youth, related to OSHA Alliance or Partnership, and where training took place
 - Added 30-hour topic block and student list to the report
 - Completing the report is all existing trainers (with ID numbers) need to do to request cards
 - E-mail and fax requests for cards require topic list and signed statement of certification
 - Eliminated short mail format
- Records - trainers must maintain class files for 5 years which include:
 - Student sign-in sheets for each class day
 - Student addresses
 - Copy of the documentation sent in to request cards
 - Records which indicate the card number dispensed to each student
- Trainers complete student cards
 - By printing or typing their name
 - May also sign card, but name must be printed or typed in.
 - May not alter the cards or use white out on them

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AIHA Carolinas Section

Protecting Worker Health

RTP Lunch Meeting February 19, 2009

Ten Reasons Why your Business Should be Concerned about MRSA (.....and what you can do now)

Is your business ready for MRSA?

MRSA, a type of antibiotic-resistant bacteria, is a growing threat to our communities. It can cause illness (sometimes serious or fatal) in otherwise healthy people. MRSA deaths in the US have now surpassed those from HIV, and MRSA is the predominant cause of skin and soft tissue infections.

A MRSA outbreak in the workplace can be disruptive and costly, with unions, media and legal involvement. Often, there are demands for well-intentioned "solutions" that are not technically sound.

These situations – like any infectious disease controversy - require swift, on-target actions and communication. Companies often look to their in-house EHS professionals for leadership. Be ready! Join us as we explain why your business should be concerned about MRSA, and offer a framework for creating a MRSA management plan that is both practical and scientifically tenable.

About the presenter:

Judy Analco is Principal of EnviroKey, a risk communication firm specializing in the prevention and management of environmental and human health crises.

Ms. Analco has 20 + years experience in hazard prevention and control, including outbreak management for the cruise industry, crisis management for large-scale indoor air quality/mold projects, and full-service EHS for industrial, pharmaceutical and municipal employers.

She has a bachelor's degree in biology from the University of Delaware and masters degrees in environmental studies from the University of Pennsylvania and Harvard School of Public Health. She lives in Cary, NC.

President's Message (continued from cover)

If you are new to the Carolinas this is a great way to get involved and network with your peers. All of this comes at a very reasonable price and without spending a lot of time away from your office.

A number of years ago Joel Jones called one day I was at work and asked if I would be interested in being on the board as a North Carolina director. I agreed and I have been involved since that time. I hope you will consider being more involved with the Section as we enter into the New Year.

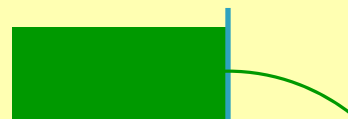
Lastly, I would like to express my appreciation to a good friend and mentor over the past few years. John Lopez and I worked together early on with the local lunch meetings in the Charlotte area, and then from there we moved to work as members of the Board. He has always offered sound advice when I needed direction, and for that I am grateful.

Spring will be here soon, and the trees will be budding. Nothing could be finer than to be in Carolina.

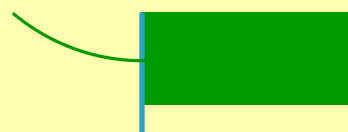
See you in Raleigh!!!

Sam

Sam Ingram, CIH
NC Air Guard



**ANNUAL MEMBERSHIP
DUES HAVE
INCREASED TO
\$25**



NOMINATIONS FOR

BRUCE CROWELL, CIH, CSP
Industrial Hygiene Services Manager

Education:

B.S. Environmental Health, East Carolina University, 1983

Registrations/Certifications:

American Board of Industrial Hygiene CIH Certified in comprehensive practices (#3726)
Board of Certified Safety Professionals CSP Certified in comprehensive practices (#11627)
South Carolina Department of Health and Environmental Control Asbestos Consultant/Project Designer License (No. PD-00037)
North Carolina Department of Health and Human Services Asbestos Designer Accreditation (#40410)

Professional Affiliations:

American Industrial Hygiene Association

Professional Experience and Qualifications:

Mr. Crowell is a versatile environmental, health and safety professional with more than 20 years of experience in the petrochemical, electric utility, and environmental consulting businesses. Mr. Crowell currently (since 2003) serves as the Industrial Hygiene Services Manager for the Charlotte, NC Branch Office of Froehling & Robertson, Inc. Environmental Services Group. His duties include: proposal preparation; planning of industrial hygiene projects; evaluation and design of industrial hygiene field and laboratory studies; preparation of industrial hygiene reports; and overall review of all industrial hygiene projects. Mr. Crowell has performed these services in a variety of industrial, commercial, and residential facilities.

Mr. Crowell's career has included 10 years of experience with Duke Power Co. including experience working as part of a corporate EH&S organization and as the McGuire Nuclear Stations' 1st site industrial hygienist.

In 1992 an opportunity with Ashland Petroleum Company took Mr. Crowell to Ashland, Kentucky where he was a member of a corporate EH&S organization and learned the processes associated with petroleum refining and transportation and assisted with the management of health and safety issues and regulatory compliance challenges. From 1994 to 1998 Mr. Crowell spent working at a refinery facility in St. Paul Park, Minnesota where cold stress was a hazard to be reckoned with.

In 1998 Mr. Crowell moved back to the south to take a position with Reichhold, Inc. He worked as part of a corporate EH&S organization and supported the Global Composites business unit. During this time he provided product stewardship support to Reichhold customers including training and exposure assessments and supported Reichhold manufacturing facility health and safety management and regulatory compliance efforts.

NC PELS TO BE RESCINDED

NC DOL has proposed to rescind the NC PELs, as a result of a legal challenge. It was posted in the January 15th issue of the NC Register:
<http://www.ncoah.com/rules/register/Volume23Issue14January152009.pdf>

The comment period ends 3/16/09. What that means is that NC OSH is proposing to go back to the Fed OSHA 1971 original PELs!




NC DIRECTOR POSITION

KEVIN COSGROVE
Safety & Security Specialist

Kevin started his career in 1986 at United States Testing Company in Hoboken, New Jersey where he provided environmental science and industrial hygiene consulting services for clients throughout the NYC metropolitan region. Upon relocating to Charlotte in 1993, he worked as an Industrial Hygienist at Health & Hygiene/ELB/US Heathworks again providing industrial hygiene consulting services to a wide variety of clients. In 1999, Kevin's employment moved to S&ME, Inc. Charlotte office for 6 years where he was an Industrial Hygienist, and later Assistant Manager and then Manager of the Industrial Hygiene Department with a staff of 12 people.

Since 2006, Kevin's current position is Safety & Security Specialist at the Schaeffler Group based in their Fort Mill, South Carolina location, the headquarters for their North American region. He has been a Full Member of AIHA since 2003 and for the past three years Kevin has also been the Coordinator for the Greater Charlotte Area AIHA quarterly luncheon meetings.



**CONTACT US WITH YOUR
UPCOMING EVENTS:**

RUSS@BOWENEHS.COM

OR

KIM@BOWENEHS.COM



(continued from page 2)

- Holding a class of over 50 students
 - must take attendance and obtain prior approval from OSHA Education Center
- Video conferencing – must provide materials and obtain prior approval from OSHA Education Center
- Outreach Training Tips, added
 - importance of safety and health, that they add value
 - ensure workers are trained in their language
- Further Assistance - additional information provided for:
 - Teen Workers, Spanish Trainers, Alliance products, Construction and General Industry websites and products, OSHA Quick Cards, Making the Business Case for Safety and Health, and Finding Outreach Training and trainers

From: http://www.osha.gov/dte/outreach/construction_generalindustry/summary_changes.html

Carolinas AIHA Fall 2009 PDC/Conference

March 18–19, 2009

Clarion Hotel State Capital – Raleigh, North Carolina

Wednesday – March 18

8:00 AM Registration
8:15 AM–5:00 PM PDC – “Hearing Protection Issues and Considerations”

William J. Murphy with NIOSH will present the PDC. With his ongoing work at NIOSH, Mr. Murphy is on the cutting edge of these subjects. The presentation will cover:

1. ANSI regulations
 - Methods to Measure Real Ear Attenuation of Hearing Protection Devices
 - Method to Estimate the Effective Level When Hearing Protectors are Worn
 - Microphone in Real Ear and Acoustic Test Fixtures
2. Fit-Testing and Training
 - Systems to Fit-Test Hearing Protection Devices
 - Essential Training Materials
3. Impulse Noise, Damage Risk Criteria and Hearing Loss
 - Measurement of Impulse Noise
 - Determination of Risks
 - Protection Against Impulse Noise Exposure
4. Open Topics

12:00 Noon Lunch (Provided)
5:00 PM Exhibitors’ Area Opens
5:30 PM Past President’s Reception, (*Exhibitors’ Area*)

Thursday – March 19

7:30 AM Coffee & Danish, (*Exhibitors’ Area*)
8:00–8:15 AM Welcome – *Sam Ingram, President*
8:15–9:15 AM Leadership in Health & Safety – *John Lopez, Owens-Illinois, Inc.*
9:15–10:00 AM Industry Profile – *Valerie Beck – PCS Phosphate*
10:00–10:30 AM Break (*Exhibitors’ Area*)
10:30–11:15 AM NC OSHA Update – *Cherie K. Berry, Commissioner-NCDOL*
11:15–Noon AIHA Update – *Aaron Trippler, AIHA*
Noon Lunch (Provided)
1:00–2:00 PM AIHA’s Value of the Profession Study – *Elizabeth Pullen, Clariant Corporation*
2:00–3:00 PM Advancements in Analytical Techniques – *Andy Teague, Analytics*
3:00–3:30 PM Break (*Exhibitors’ Area*)
3:30–4:30 PM Student Presentations
4:30–5:00 PM Business Meeting
5:00 PM Conference Ends

Carolinas AIHA Fall 2009 PDC/Conference

March 18-19, 2009

Clarion Hotel State Capital – Raleigh, North Carolina

Registration Form

Advance Conference Registration

(add \$20 after February 25th)

Member	\$95
Nonmember	\$115
Exhibit Space (each table)	\$220

PDC

(add \$20 after February 25th)

Member	\$195
Nonmember	\$230

Carolinas Section Annual Dues

Member	\$25	Student	\$10
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Method of Payment

Check Visa MasterCard
 American Express

Card Account

Number _____

Expiration Date

Card Holder

Signature _____

Card Holder Name

Please Print _____

Billing Address for Card

Course Location & Lodging Information:

Clarion Hotel State Capital

320 Hillsborough Street

Raleigh, NC 27603

www.clarionhotel.com

Reservations: 919-832-0501

AIHA Room Rate: \$75/night (plus tax)

Sleeping rooms have been set aside at the Clarion for those attending the conference, but availability cannot be guaranteed past **March 2**. Please make your reservations directly with the hotel. To receive the above rate, please state that you are with the **American Industrial Hygiene Association**.

Name: _____

Title: _____

Company: _____

Address: _____

City: _____ State: _____ Zip: _____

Business Phone: _____

Business Fax: _____

Email: _____

Check box if this is an address change

Make Checks payable to AIHA Carolinas Section and MAIL
Registration Form To:

Carolinas Section-

Attn: Connie McElroy-Bacon

PO Box 37129

Raleigh, NC 27627-7129

Fax: 919-852-4594

Phone: 919-233-8400

cbacon@mindspring.com

Amount enclosed: _____

